

Mayor's Community Youth Support Network

24-Hour Crisis Lines
ADDITIONAL NUMBERS LISTED
ON PAGE 3

24-Hour Suicide Prevention Hotline: 1-800-273-8255

San Joaquin County Behavioral Health Services:

24-hour Crisis Line: (209) 468-8686

Provides 24-hours response with a mental health clinician on call at all times.

www.co.san-joaquin.ca.us/mhs

California Youth 24-hour Crisis Line: 1-800-843-5200

www.youthcrisisline.org

Crime Stoppers: Speak out against drugs, weapons, & Bullying at school
Anonymously CALL, TEXT or send a WEB tip. (page 16)

CALL (209) 831-4847

TEXT "TIPTPD" plus your message to 274637

WEB www.tracycrimestoppers.com

Domestic Violence 24-hour Crisis Line : (209) 465-HURT (4878)

Homeless Youth Services: (209) 468-2385

Mental Health Outpatient: Services for youth and their children, who are at risk of homelessness or running away, and are between the ages of 12-20.

Substance Addiction Hotline: 1-888-623-4539

Juvenile Justice Support: (209) 468-2385

Services are provided in Juvenile Hall and in the community to juvenile wards. Provides assessments, case management and psychiatric medication support.

Women's Center-Youth and Family Services:

24-hour Hotline: 1-800-769-4357

Offers a variety of programs, shelter, food ,clothing and support groups.



Mayor's Community Youth Support Network

RESOURCE GUIDE

Reconnecting Youth & Families



MCYSN Introduction



The Mayor’s Community Youth Support Network (MCYSN) is a collaborative effort involving residents, City, County, State, community-based organizations, businesses, Youth Advisory Commissioners, Parks and Community Services Commissioners, schools, parents, members of the faith-based community, and local law enforcement.

These individual entities came together with a desire to reach out and reconnect youth and families to services throughout the City. As a result, a comprehensive strategy was developed that tapped into existing community resources and created collaborations to assist the youth in Tracy. Every individual and organization involved understands that our synergy will make a greater impact in the lives of youth within our community.

This resource guide serves as a tool for youth and families in Tracy who are seeking assistance and guidance. This guide is also a testament to our commitment in reconnecting youth and families to services in Tracy. We are certain that with the agencies listed, you will receive excellent care and support through a variety of services.

The City of Tracy, Mayor’s Community Youth Support Network developed this Resource Guide to provide service needs to youth and families located within the City of Tracy and residents of the San Joaquin County. Organizations, services, addresses, phone numbers and program information was verified as true and accurate during print time. If you found the information to be false or no longer valid, please call and submit your changes to the City of Tracy, Mayor’s Community Youth Support Network (209) 831-6102. Information, programs, organizations and services listed in this publication are for informational purposes only and do not act as an endorsement nor recommendation by the City of Tracy nor by this publications sponsors.

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Alphabetical Listing

San Joaquin County Public Library, Tracy	(page 17)	1-866-805-READ 1-866-805-7323
San Joaquin County Juvenile Probation Services	(page 16)	(209) 468-4000
San Joaquin County Public Health Services	(page 13)	(209) 831-5930
San Joaquin Rapid Transit District (SJRTD)	(page 27)	(209) 943-1111
Sow A Seed Community Foundation	(page 29)	(209) 229-4559
Sutter Tracy Community Hospital www.suttertracy.org	Main number (page 14)	(209) 832-1500
Breastfeeding Support and Supplies	(page 24)	(209) 833-2419
Stroke Support Group	(page 25)	(209) 830-2137
Tracy Area Cancer Support Group	(page 25)	(209) 833-2338
Tracy Chamber of Commerce	(page 26)	(209) 835-2131
Tracer - City Bus Service	(page 28)	(209) 831-4BUS (209) 831-4287
Tracy Crime Stoppers - 24 hours 7 days a week	(page 16)	(209) 831-4847
Tracy Family Practice	(page 14)	(209) 820-1500
Tracy Interfaith Ministries	(page 12)	(209) 836-5424
Tracy Unified School District	S.T.E.P.S. Tracy Adult School (page 19) (page 21)	(209) 830-3200 (209) 830-3286 (209) 830-3384
Regional Occupational Centers / Programs		(209) 468-9005
UNeed2, Inc.	(page 26)	(209) 812-1771
V.B.R. Foster Family Agency & Children Services	(page 22)	(209) 833-0300
Valley Community Counseling Service of Tracy	(page 10)	(209) 956-4240
Women's Center of San Joaquin-24 hours www.womenscenterofsjc.com	(page 12&22) Serenity House	(209) 833-0300 (209) 465-4878

Alphabetical Listing

Kaiser Permanente - 24 Hour Advice Nurse	(page 14)	(209) 839-3300
Larch Clover Community Center	(page 8 &12)	(209) 831-5920
McHenry House Tracy Family Shelter Second Time Around Thrift Shop	(page 11)	(209) 835-2328 (209) 835-6718
Narcotics Anonymous www.cvna.org	(page 23)	(209) 464-9262
National Alliance for Hispanic Family Health www.hispanichealth.com	(page 13)	1-866-783-2645
National Child Abuse Hotline		1-800-422-4453
National Runaway Switchboard		1-800-RUN-AWAY 1-800-786-2929
National Sexual Assault Online Hotline Rape, Abuse & Incest National Network www.rainn.org		1-800-656-HOPE 1-800-656-4673
National Suicide Crisis Line		1-800- SUICIDE 1-800-784-2433
National Teen Dating Abuse Hotline		1-866-331-9474
New Creation Bible Fellowship	(page 13)	(209) 830-1842
Office of Education (SJCOE) <i>Special Education Local Plan Area</i>	(page 10)	(209) 468-9279
Planned Parenthood	(page 17-18)	(209) 835-8910
Point Break Adolescent Resources	(page 20)	(209) 466-0359
Pregnancy Resource Center	(page 18)	(209) 836-4415
Restoration Center	(page 20)	(209) 627-0232
San Joaquin County Behavioral Health Services Homeless Outreach Program	24hr (page 15)	(209) 468-8686 (209) 468-8871
San Joaquin County Fair Housing	(page 15)	(209) 451-3471
San Joaquin County Homeless Assistance Program	(page 15)	(209) 468-3124

Local Resource Listing

Boys and Girls Club of Tracy (209) 832-CLUB (2582) www.bgctracy.org	Point Break Adolescent Resources (209) 466-0359 www.pointbreaksjv.com
Brighter Christmas of Tracy www.brighterchristmasoftracy.com	Pregnancy Resource Center (209)-836-4415 www.tracyprc.org
Child Abuse Prevention Council 24-hour (209) 464-4524 www.nochildabuse.org	Restoration Center (209) 627-0232 www.camrestoration.org
Community Partnership for Families of San Joaquin County (209) 444-4125 www.cpfjsj.org	San Joaquin County Probation (209) 468-4000 www.co.san-joaquin.ca.us/Probation
Counseling and More (209)-640-4179 www.counselingandmore.org	Sow A Seed Community Foundation (209) 740-4047 www.sowaseedcf.org
Court Appointed Special Advocates 1-800 214-CASA (2272) www.californiacasa.org	Sutter Healthy Connections Resource Center (209) 835-1000 www.suttertracy.org
Give Every Child A Chance (209) 825-7003 www.gecac.net	Tracy Chamber of Commerce (209) 835-2131 www.tracychamber.org
Hispanic Business Group (209) 835-2131 www.tracychamber.org	Tracy Police Department (209) 831-6555 www.ci.tracy.ca.us
Jefferson School District (209) 836-3388 www.jeffersonschooldistrict.com	Tracy Unified School District (209) 830-3201 www.tracy.k12.ca.us
New Creation Bible Fellowship (209) 830-1842 www.newcreationbiblefellowship.com	UNeed2, Inc. Youth Computer Builder (209) 812-1771 www.uneed2.org
Parks and Community Services (209) 831-6200 www.parks@ci.tracy.ca.us	V.B.R. Foundation Inc. (209) 830-6394 www.vbrfoundationinc.org

After-School Programs

Boys and Girls Club of Tracy

753 W. Lowell Ave.
Tracy, CA 95376
(209) 832-2582



Website: www.bgctracy.org

Description: The BGC offers after-school program activities in Tracy that focus on character development, education, life skills, arts, sports and fitness. The club serves more than 1,600 local youth every year at five different clubhouse locations in Tracy.

Locations:

- Central School Club, 164 W. Eaton, Tracy (209) 879-3396
- Lowell Club, 753 W. Lowell, Tracy (209) 832-2582
- North School Club, 2875 Holly Drive, Tracy (209) 834-7772
- S. W. Park 500 Mt. Diablo Road, Tracy (209) 207-4868
- Villalovoz 1550 Cypress Drive, Tracy (209) 830-3331

Hours of Operation:

- Mondays 1:30 p.m. - 6 p.m.
- Tuesday through Fri day 2:30 p.m. - 6 p.m.

Membership: To become a member visit any of our clubhouses to complete a membership application and sign-up for an orientation. Ages 6-18.

Fees: Fees vary, call or go online or inquire when picking up application.

Child Development Center (CDC)

Six (6) Locations throughout Tracy Schools



Description: Child Development Centers offers before and after school care; summer camp, full day/part day school readiness preschool and academic support.

Locations:

- Freiler, 2421 West Lowell St. (209) 835-1869
- George Kelley, 535 Mabel Josephine Dr. (209) 830-6547
- Hirsch, 1280 Dove St. (209)-836-0977
- Jacobson, 1750 W. Kavanagh Ave. (209) 832-8799
- South School, 500 West Mount Diablo Rd. (209) 834-1725
- Villalovoz, 1550 Cypress Dr. (209) 834-1850

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Alphabetical Listing

Alcoholics Anonymous www.aadelta.org	(page 23)	(209) 464-1594 24 hour Hotline
Altamont Corridor Express (ACE) www.acerail.com	(page 26-27)	1-800-411-RAIL 1-800-411-7245
Boys and Girls Club of Tracy www.bgctracy.org	(page 6 & 19-20)	(209) 832-CLUB (209) 832-2582
Child Development Center (CDC) Various locations		Page 6-7
City of Tracy Parks & Community Services Youth Advisory Commission	(page 7) (page 28)	(209) 831-6200 (209) 831-6200
Community Partnership for Families of San Joaquin www.cpfjsj.org	(page 8-9 & 22)	(209) 229-4920
Commute Connection www.commuteconnection.com	(page 27)	1-800-527-4273
Council for the Spanish Speaking www.elconcilio.org	(page 8)	(209) 820-5910
Counseling and More www.counselingandmore.org	(page 9)	(209) 640-4179
Court Appointed Special Advocates (CASA) www.californiacasa.org		1-800-214-CASA 1-800-214-2272
Deuel Vocational Institution (DVI) (State Dept. of Corrections)	Gathering Place (page 21) Straight Life Program (page 24)	(209) 835-4141 ext. 5645 (209) 830-3873
Eating Disorder Hotline www.nationaleatingdisorders.org		1-800-931-2237
Give Every Child A Chance www.gecac.net	(page 7)	(209) 825-7003
Grandparents as Parents Hotline		1-888-687-2277
Homework Hotline	(page 28)	(209) 943-7588
Juvenile Justice Support Services	(page 24)	(209) 468-2385

Online Connections

Brighter Christmas of Tracy

Website: www.brighterchristmasoftracy.com

Brighter Christmas of Tracy is a non-profit group that provides food and toys to Tracy residents in need during the Christmas holidays.

Brighter Christmas of Tracy is coordinated through the efforts of almost 350 non-paid local volunteers, and has been helping those in need for over 35 years. It started out with just one family that was burned out of their home at Christmas time. Through the years the program has grown as the need has grown in Tracy.

Ninety-seven percent of all money raised, through the generosity of the Tracy community, goes towards the purchase of food and new toys. Some generous contributors ask that their contribution go towards our scholarship program. Scholarships are awarded each year to graduating seniors who may be either recipients or volunteers of Brighter Christmas. Some qualifications required.



Website: www.communityconnectionssjc.org

The first ever San Joaquin County online resource guide, referral and volunteer system built to put resources in the hands of those who need them. From non-profits to those in need and even those who have something to give, Community Connections SJC has the ability to connect us all, in one, simple to use web-based system. This was created for use by professionals who administer the needs of children, young people and adults in San Joaquin County, as well as the community college and higher education staff members who work with students facing barriers to academic achievement, and all others interested in the vast wealth of resources offered in San Joaquin County.



2-1-1 is a free and confidential phone line for the sole purpose of improving access to health, human and disaster response services.

Calls to 2-1-1 from anywhere in the county are answered by trained Information and Referral Specialists prepared to assess the caller's need, determine their options, make referrals, support and advocate for the caller as necessary. It's available 24 hours a day, 7 days a week and in over 200 languages.

After-School Programs

Child Development Center (CDC) *-continued*

Hours of Operation:

- Monday through Friday
- 6:30 a.m. to start of school
- After-school to 6:30 p.m.

Membership: Eligibility requirements may vary. Typical membership is open to all school age children between the ages of 5-12.

Fees: Vary, call site for details. There are subsidized/private fees.

City of Tracy - Parks and Community Services

333 Civic Center Plaza
Tracy, CA 95376
(209) 831-6200



Recreation On Campus (R.O.C.)

Description: Provides children with opportunities to improve academic performance, enhance social skills, increase physical fitness and learn new things in a fun and safe environment on school campus.

Locations: Bohn, Hirsch & Poet-Christian Elementary Schools.

Membership: Monthly registration required.

S.A.F.E. (Students Adding Fun to Education)

Description: Tutoring, art elements, physical fitness, video games and movie & popcorn every Friday, 4-6 p.m.

Locations: Williams Middle School 1:30 p.m. - 6:00 p.m.

Membership: call site for the annual registration fee.

Give Every Child A Chance

Tutoring Program
322 Sun West Place
Manteca, CA 95337
(209) 825-7003



Website: www.gecac.net

Description: This program offers tutoring to students within the **Tracy Unified School** and **Jefferson School Districts**. Sessions focus on the academic curriculum offered by the school.

After-School Programs

Larch Clover Community Center

After School Program

11157 West Larch Road,
Tracy, CA 95304
(209) 831-5920

Description: The Larch Clover Community Center offers sports and after school programs for low-income youth in Tracy. Cal Fresh and other food Assistance Programs offered, call the center for available days and times.

Hours of Operation: Monday through Friday 8:00 a.m. to 5:00 p.m.

Membership: Low-income families.

Counseling

Council for the Spanish Speaking (El Concilio)

CalWORKs Program
95 W. 11th Street
Tracy, CA 95376
(209) 820-5900



Description: Council for the Spanish-Speaking (El Concilio) is one of the contracted case-management agencies for the CalWORKs program. El Concilio provides case management services to CalWORKs participants that include, but are not limited to, referrals to community agencies, supportive services like child care, transportation, book vouchers, etc.

Hours of Operation: Monday through Friday 8:00 a.m. to 5:00 p.m.

Membership: CalWORKs participants are assigned to El Concilio by the Human Services Agency.

Community Partnership for Families of San Joaquin

Building Stronger Families for a Better Future
35 E. 10th Street Suite A
Tracy, CA 95376
(209) 229-4920



Website: www.cpsfsj.org

Description: Community Partnership for Families of San Joaquin provides support to parents during life's stressful moments. Resilience is the

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Youth Services

Bulldog Project *-continued*

Connect with the Bulldog Project on Facebook.com/TracyBulldogProject and follow Brutus the Dog on Instagram@DogPoundBrutus. Crimes can anonymously be reported to Crime Stoppers by calling (209) 831-4847 or texting "TIPTPD plus your message" to 274637 (CRIMES).

Sow A Seed Community Foundation

Bright Futures Youth Development

35 East 10th Street, Suite D1
Tracy, CA 95377
(209) 229-4559



Website: www.sowaseedcf.org

Description: Sow A Seed Community Foundation provides youth, their families, and the community with education, tools and resources to overcome social and economic challenges, and lead positive, self-sufficient lives.

Our services include: prevention and intervention assistance, educational programs, leadership training, and community support.

Programs:

- Bright Futures Youth Mentoring - provides weekly mentoring and monthly outings ages 10-18.
- Fresh Start Thinking - an evidence based program for cognitive behavior change for youth.
- Boys-To-Men - a full day conference promoting essential topics for young men ages 10+.
- Girls Circle - a structured support to increase positive connections, personal strength & self-esteem.
- Boys Council - young men gain a vital opportunity to address masculine definitions and behaviors.
- Full Circle Assessments - a program to assess and address signs of emotional and behavioral health problems in youth.
- College Bound Club - Workshops to help high school students prepare excellent college applications.
- Family Mediation - neutral, safe and positive opportunities for conflict, prevention and resolutions.

Hours of Operation: call for schedule of classes or go online

Fees: Fees apply to summer camps and special events. Enrollment in mentoring programs or groups is free.

Transportation

TRACER - City Bus Service

MV Transportation
(209) 831-4BUS or (209) 831-4287
Website: www.mvtransit.com



Tracer bus service: is available to all Tracy residents Monday through Friday from 7:00 a.m. to 8:00 p.m. and Saturdays from 9:00 a.m. to 7:00 p.m.

Tracer Fixed Routes: Offers routes that connect riders to places like Downtown Tracy, West Valley Mall, Wal-Mart, and most middle and high schools. For schedule and fare information, please call (209) 831-4BUS or (209) 831-4287. Daily, weekly and 10-ride passes are available. Transit services are also available to seniors (60 or older) and persons who, because of their disability or health related condition, (1) cannot independently board, ride and/or disembark from an accessible fixed route transit bus or (2) cannot get to or from locations. For more information, call (209) 831-4BUS or (209) 831-4287.

Youth Services

City of Tracy

Youth Advisory Commission

Grand Theater
715 Central Ave.
Tracy, CA 95376
(209) 831-6858 or (209) 831-6201



Website: www.ci.tracy.ca.us

Description: If you are looking for an opportunity to get informed and help generate activities for your peers, the Youth Advisory Commission is the answer! This is a great opportunity to get involved with the community participating in subcommittee planning groups. You can download the application online.

Bulldog Project

The mission of the Bulldog Project is to promote anonymous reporting of bullying, revitalize school spirit, and perform informational skits at middle schools to prepare students for High School. The Bulldog Project is partnered with Tracy Crime Stoppers and Students Speaking Out. The advisory board consists of Tracy Unified School District administrators, public officials and local parents.

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Counseling

Community Partnership for Families of San Joaquin *-continued*

ability to manage and bounce back from all types of challenges that emerge in every relationship including the relationships with their own children by helping them know how to seek help when necessary.

CPFSJ-connects with families and youth to offer the appropriate resources for the teen and their family.

Hours of Operation: Go online for additional information or call (209) 229-4920 for additional times and locations.

Counseling and More

4600 S. Tracy Blvd Suite 106
Tracy, CA 95377
(209) 640-4179
e-mail: counselingandmore@gmail.com



Description: Our mission is to provide the highest quality of therapeutic service to individuals and families. We will provide tools that will educate and empower them to lead healthy and productive lives in the community.

Services for Families:

- Individual counseling
- Family counseling
- Couples counseling
- Support groups for children and adults
- Biopsychosocial assessments (biological, psychological, social)
- Supervision for court ordered family visitation
- Family mediation

Training and Consultation:

- Individual Supervision for Associate Social Workers (ASW)
- Individual Supervision for Marriage and Family Therapist Intern (MFTI)
- Group Supervision for ASE/MFTI
- Mental Health Friendly Congregation consultation

Hours of Operation: Monday through Thursday 9:00 a.m. to 8:00 p.m. Friday 9:00 a.m. to 5:00 p.m., Saturday by appointment only.

Counseling

Valley Community Counseling Services of Tracy

19 East 6th Street
Tracy, CA 95376
(209) 835-8583

Description: Valley Community Counseling Services is a private, non-profit corporation providing a variety of counseling and therapy for individuals, families, couples, and groups. The agency also runs domestic violence and anger management programs, counseling to people with substance abuse problems, including those who have received DUI tickets, both self-referred and court-referred.

Locations: 19 East 6th Street, Tracy (209) 835-8583
6707 Embarcadero Drive, Stockton (209) 956-4240

Hours of Operation: Monday through Thursday 9:00 a.m. to 6:00 p.m.
Friday 9:00 a.m. to 5:30 p.m.

Membership: Individuals in need of counseling.

Fees: Fees are service-based. Sliding scale fees for domestic violence and anger management counseling. Medi-Cal accepted.

Disabled Services

San Joaquin County

Office of Education (SJCOE)

Special Education Local Plan Area (SELPA)

2707 Transworld Drive, Stockton, CA 95206
(209) 468-9279

Website: www.sjcoe.org



Description: The San Joaquin County Office of Education serves students with disabilities not otherwise served in the school districts that make up the San Joaquin SELPA, primarily in the areas of severe disabling conditions. In addition, programs serve students diagnosed with autism, visual impairment and hearing impairment. If you need assistance regarding services, consult your District Special Education Administrator at the phone number listed below.

District Locations:

- Banta Elementary School District - (209) 229-4650
- Jefferson Elementary School District - (209) 839-1842
- Lammersville Elementary School District - (209) 836-7400
- Tracy Unified School District - (209) 830-3270
- New Jerusalem - (209) 835-2597

Hours of Operations: Monday through Friday 8:00 a.m. to 5:00 p.m.

Transportation

Altamont Corridor Express (ACE) - *continued*

The ACE stops in Lathrop/Manteca, Tracy, Livermore, Pleasanton, Fremont, and Santa Clara and terminates at the San Jose Diridon Station, where connection can be made to Caltrain, Amtrak, and Santa Clara Transit. The Tracy ACE station is located at Tracy Boulevard and Linne Road. For information on fares, schedules, and locations of stations, visit the ACE website.

Commute Connection

1-800-52-SHARE or 1-800-527-4273



Website: www.commuteconnection.com

Commute Connection (a program of the San Joaquin Council of Governments) is a free one-stop transportation information and referral service that provides information on: carpooling, vanpooling, transit and rail, park and ride lots, bicycling, walking and more.

Contact: (800) 52-SHARE (527-4273)

San Joaquin County Rapid Transit District

Customer Information Center

(209) 943-1111

1-800-HOW-TO-RIDE (1-800-469-8674)

Website: www.sjrtd.com



For information visit SJRTD website. SJRTD provides Route information and trip planning.

RTD Customer information Center:

TDD & Voice, call (209) 943-1111

Commuter Service (209) 943-1111 x 639 or

1-888-802-WORK (9675)

Hopper/Dial-A-Ride Service

(209) 955-8400

Hours of operation:

Monday through Friday 5:00 a.m. to 5:30 p.m.

Weekend and Holidays 7:15 a.m. to 5:00 p.m.

Route 90 - Tracy - Lathrop - Stockton

Route 97 - Tracy - Lathrop - Airport

Training/Employment

Tracy Chamber of Commerce

Hire Me First

223 E. 10th Street
Tracy, CA 95376
(209) 835-2131

Description: The Tracy Chamber of Commerce Foundation - Hire Me First program, serves high school students in the 11th & 12th grades that reside or attend school in Tracy, CA. The program benefits both students as well as the business community by offering job training that results in more employable youth in our community. The Hire Me First program prepares students with the skills that they need to successfully gain employment and encourages them to participate in career exploration.

Hours of Operation: Alternative After-School & Evening Youth Activities

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UNEEED2, Inc.

Youth Computer Builder

35 E. 10th Street, Suite E 3
(209) 831-3550

Website: www.uneed2.org

(go online for class schedule and site locations)

Description: Uneed2, Inc. believes that every student should have the resources to help our youth explore and pursue education and career pathway opportunities and interest. Founded in 2007, Uneed2 Inc. and it's many partners have been dedicated not only to giving kids access to knowledge and technology but also teaching them how to use, maintain and build computers.



Transportation

Altamont Corridor Express (ACE)

1-800-411-RAIL or 1-800-411-7245
4800 Tracy Blvd
Tracy, CA 95376

Website: www.acerail.com

ACE provides easy access to Silicon Valley and the Livermore/Almaden Valley with four trains daily between Stockton and San Jose. Four trains depart from Stockton in the morning, and four from San Jose return in the evening.



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Emergency Food & Shelter

McHenry House Tracy Family Shelter

Family Crisis Intervention Program

757 A Street
Tracy, CA 95376 Website: www.mchenryhousetracy.org
(209) 835-2328
(209) 835-6718 **Second Time Around Thrift Shop**

Description: McHenry House Tracy Family Shelter provides services to homeless families and single women living in the shelter, as well as transitional shelter. A bag of groceries is provided to the needy when other resources are not available. A case manager will meet with clients on a daily basis to set goals, problem-solve, make referrals, monitor progress and provide support and encouragement. A thrift shop provides clients with clean clothing. Assistance in finding child care is also provided. McHenry House is able to offer a supportive housing component which provides move-in and rental assistance for up to 12 months to five to six of its families per year.

Hours of Operation: Office: Monday through Friday 8:00 a.m. to 5:00 p.m. Shelter: 24 hours per day, seven days per week.

Membership: Homeless, low-income family, woman or child. No single males without children.

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Larch Clover Community Center

11157 West Larch Road
Tracy, CA 95376
(209) 831-5920

Website: www.sjgov.org

Description: Larch Clover Community Center provides needy individuals and families with emergency food on Mondays and Wednesdays at 8:15 a.m. on a first-come, first-serve basis. Commodities are distributed on the third Thursday of each month from 8:15 a.m. to 12:15 p.m.

Hours of Operation: Monday through Friday 8:00 a.m. to 5:00 p.m. See above for food distribution days and times.

Membership: Tracy low-income residents only, living in 95304, 95375, 95376, 95377 and 95378 zip codes. To qualify for emergency food, clients must bring in documentation or identification to show proof of residence for each family member.

Emergency Food & Shelter

Serenity House

Women's Shelter

1-800-769-4357 **24-hour crisis line**

Website: www.womenscenteryfs.org



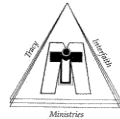
Description: Serenity House is an undisclosed emergency shelter for battered women and their children residing in South San Joaquin County. Located in Tracy, Serenity House offers a comprehensive 60-day program to serve women and their children at any one time. Victims access Serenity House through our **24-hour help line** or law enforcement for initial safe entry into the shelter.

Tracy Interfaith Ministries

311 West Grant Line Road

Tracy, CA 95376

(209) 836-5424



Website: www.tracyinterfaith.org

Description: Tracy Interfaith Ministries provides emergency food which is available Monday through Friday from 10:00 a.m. to 2:00 p.m. Emergency clothing is also provided for residents in need. Tracy Interfaith Ministries offers a Families-At-Risk program, designed to assist a family through a one-time financial emergency. It provides emergency funds to help a family meet household costs when the family is faced with a temporary job loss, a medical emergency, or other financial crisis.

Hours of Operation: Monday through Friday 10:00 a.m. to 2:00 p.m.

Membership: Low or no income individuals and families (Tracy residents only). Must bring social security card or other form of identification, and proof of address.

Financial Assistance

Larch Clover Community Center

(HEAP)

11157 West Larch Road

Tracy, CA 95376

(209) 831-5920

Office Hours Monday through Friday 8:00 a.m. to 5:00 p.m.

Description: Assistance with Home Energy Assistance Program (HEAP) applications, tax preparation for low income residents. *Eligibility Worker available to apply for Food Stamps EBT on Tuesday, Wednesday and Thursday 8:00 a.m. to 5:00 p.m. Must make a pre scheduled appointment.*

Support Groups

Sutter Tracy Community Hospital

Cancer Support Nurse Navigator

1420 North Tracy Boulevard

Tracy, CA 95376

(209) 833-2338



Website: www.suttertracy.org

Description: Trained in cancer support, this nurse helps patients and family members through their cancer journey by offering emotional and social service support.

Hours of Operation: By appointment only. Please call.

Fees: None

Sutter Tracy Community Hospital

Stroke Support Group

1420 North Tracy Boulevard

Tracy, CA 95376

(209) 830-2137



Website: www.suttertracy.org

Description: This group welcomes family members and all survivors of stroke, head injury and/or neurological conditions.

Hours of Operation: Call for current meeting schedule.

Fees: None

Sutter Tracy Community Hospital

Tracy Area Cancer Support Group

1420 North Tracy Boulevard

Tracy, CA 95376

(209) 833-2338



Website: www.suttertracy.org

Description: This support group meets twice monthly to assist cancer fighters, survivors, and their family members with education and emotional support.

Hours of Operation: Call for current meeting schedule.

Fees: None

Support Groups

Deuel Vocational Institution (DVI)

Straight Life Program

23500 Kasson Road
Tracy, CA 95376
(209) 830-3873



Website: www.cdc.state.ca.us

Description: The Straight Life Program was designed for youngsters, ages 10 to 17, who are experiencing problems with gang involvement, delinquency, drug use or overall disruptiveness. Services include a tour of the prison and lectures by inmates (three consecutive Saturdays or three consecutive Sundays). Similar programs operate at other state prisons. Application forms must be completed and returned prior to participation in the program.

Hours of Operation: Monday through Friday 8:00 a.m. to 5:00 p.m.

Eligibility: Ages 7 to 17 years old.

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Juvenile Justice Support Services

535 W. Mathews Road
French Camp, CA 95231
(209) 468-2385

Description: Services are provided in Juvenile Hall and in the community to juvenile wards. Provides assessment, case management and psychiatric medication support.

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Sutter Tracy Community Hospital

Breastfeeding Support and Supplies

1420 North Tracy Boulevard
Tracy, CA 95376
(209) 833-2419



Website: www.suttertracy.org

Description: Sutter Lactation Consultants are available for advice on supplies as well as supporting new mothers towards a positive breast feeding experience.

Hours of Operation: 11:30 a.m. to 1:30 p.m., Monday through Friday, by *appointment only*.

Fees: Open to the community, not just for patients. No cost consultations, breast-feeding supplies at various fees are available for purchase. Breast pumps available for rent .

Financial Assistance

New Creation Bible Fellowship

(209) 830-1842



Description: NCBF provides services to individuals or families (Tracy residents only) who are in need of emergency food or financial help with payment of their PG&E bill. Services provided on a first-come first-served basis. Counseling is available for those who are struggling in areas of drug abuse, alcoholism, co-dependency, or any other area that seems to control their life.

Contact Dr. Kevin James, Senior Pastor

e-mail: pastor@ncbfrtracy.org

Health Care

National Alliance for Hispanic Family Health

Helpline (866) 783-2645

Website: www.hispanichealth.com



Description: The National Alliance for Hispanic Health provides free reliable and confidential health information in Spanish and English, helps navigate callers through the health system. Nationwide resources and local referral services are provided depending on the need of the caller. By using zip code information we can search our up-to-date database for health care facilities in your community. Also available are a wide array of information materials covering health topics, over half the materials are available in Spanish.

Hours of Operation: Monday through Friday 9:00 a.m. to 6:00 p.m.

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San Joaquin County Public Health Services

WIC Program

205 West 9th Street
Tracy, CA 95376
(209) 831-5930

Description: WIC is a federally-funded health and nutrition program for women, infants and children. WIC helps families by providing checks for buying healthy supplemental foods, nutrition education, breastfeeding education and support and help finding healthcare and other community services. Participants must meet income guidelines and be pregnant women, new mothers, infants or children under age five.

Hours of Operation: Wednesdays only 8:00 a.m. to 5:00 p.m.
Closed 12 :00 p.m. to 1:00 p.m. for lunch.

Health Care

Kaiser Permanente

2185 W. Grant Line Road
Tracy, CA 95377

(209) 839-3200 Operator
(209) 839-3300 24-hour Advice

1-800-777-1370 Benefits and Health Plan coverage information

Spanish 24hr 1-877-kpsalud (1-877-577-2583)

Website: www.kaiserpermanente.org



Description: *No Emergencies or Urgent Care services*; Members can call a registered nurse for advice even after hours.

Hours of Operation: Monday through Friday 8:00 a.m. to 6:00 p.m.

Fees: Membership required, fees vary, you can apply online or call Member Services 1-800-464-4000.

Sutter Tracy Community Hospital

1420 North Tracy Boulevard
Tracy, CA 95376

(209) 832-1500 Main number

Website: www.suttertracy.org



Description: Sutter Tracy Community Hospital provides acute care to individuals with a variety of illnesses and medical emergencies on both an inpatient and outpatient basis.

Hours of Operation: 24-hour emergency medical care available.

Tracy Family Practice

730 North Central Street
Tracy, CA 95376

(209) 820-1500

Website: www.communitymedicalcenters.org

Description: The Tracy Family Practice clinic provides patients with routine medical care to include prenatal care, general family practice (e.g. physicals, blood pressure screenings), and women's health care (e.g. breast exams, pregnancy) WIC services are also available on site.

Hours of Operation: Clinic hours: Monday through Thursday 8:00 a.m. to 8:00 p.m., Friday 8:00 a.m. to 6:00 p.m., Saturday 8:00 a.m. to 4:00 p.m.

Fees: Sliding scale. Medi-Cal and private insurance accepted.

Substance Abuse

Alcoholics Anonymous (AA)

Office Location
1525 N. El Dorado
Stockton, CA 95204
(209) 464-1594 24 hour Hotline



Meetings Only

167 W. 11th Street
Tracy, CA 95376

Website: www.aadelta.org

Description: Alcoholics Anonymous (AA) is a fellowship of men and women of all ages, creeds, races, and socioeconomic backgrounds, who share their experience with each other to recover from alcoholism. AA is available to provide help to alcoholics 24-hours a day, seven days a week, by using the hotline number. AA also provides presentations on its program of recovery to public or professional groups. Alcoholics Anonymous Central Office provides all the necessary information on meetings, times, and places for AA in the area. Various meetings are available including open meetings, closed meeting for alcoholics only, men only, women only, lunch meetings, and dinner meetings.

Al-Anon (209) 547-3086 (support groups for friends and relatives)

Ala-Teen (209) 462-9172 (support group for teens)

Hours of Operation: Tues., Wed. & Thurs. 12:00 p.m. to 5:00 p.m.

Membership: Willingness to listen to suggestions and to help yourself.

Narcotics Anonymous

Central Valley North

Help line (209) 464-9262

Website: www.cvnaa.org



Description: Narcotics Anonymous is a fellowship that follows a 12-step recovery program from substance abuse. Meetings are held in: Acampo, Galt, Lodi, Manteca, Ripon, Stockton and Tracy. Closed session meetings are available for youth only, men only, women only and addicts only. Please call for exact dates, times and meeting information. Or go online and look up meetings and find one near you.

- 24-hour recorded information (209) 929-6910

Hours of Operation: Vary, call or look online for meeting places and times.

Fees: None

Social Services

Community Partnership for Families of San Joaquin

35 E. 10th St., Tracy, CA 95376

(209) 229-4920 Website: www.cpfjsj.org

Description: The Center provides assistance to families residing in the Tracy area. The Center collaborates with other agencies to provide dental and medical services and makes referrals to agencies within the City of Tracy, including Tracy Interfaith Ministries, McHenry House for the Homeless, and the Boys and Girls Club of Tracy.

Hours of Operation: Monday through Friday 8:00 a.m. to 5:00 p.m.

VBR Foster Family Agency & Children Services

1852 W. 11th St. #699

Tracy, CA 95376

(209) 830-6394

Website: www.vbrfoundationinc.org

Description: Our goal is to recruit and train parents who can offer a nurturing, supportive and creative environment for children. We combine specialized training to our parents for drug exposed infants, physical and sexual abuse, attention deficit disorders, behavioral emotional disorders and medically fragile children. We then provide casework services and specific treatment to each child as specified in their treatment plan.

Location: 72 W. 11th St. Suite A, Tracy

Women's Center of San Joaquin County

35 East 10th Street

Tracy, CA 95376

(209) 833-0300

Website: www.womenscenteryfsj.org

Description: The Women's Center of San Joaquin provides one-on-one counseling, hospital and court accompaniment, support groups, outreach and community education, emergency housing facilities, and 24-hour help lines.

- 24-hour Domestic Violence Crisis Line: (209) 465-HURT (4878)
- 24-hour Rape Crisis Line: (209) 465-4997

Locations: Tracy Women's Center, 35 East 10th Street (Tracy) (209) 833-0300

Hours of Operation: Monday through Friday 8:30 a.m. to 5:00 p.m. Shelter services 24 hours a day.



Housing

San Joaquin County Behavioral Health Services

Homeless Outreach Program

Mobile Outreach Team

(209) 468-8871

Website: www.co.san.joaquin.ca.us



Description: Provides outreach services including assessment, evaluation, and linkage to appropriate programs to the homeless throughout San Joaquin County. This includes those on the street and those utilizing shelters located throughout the community.

San Joaquin County Fair Housing

436 N. El Dorado Street

Stockton, CA 95202

(209) 451-3471

Website: www.sifairhousing.com



Description: The San Joaquin Fair Housing Association is a non-profit agency established in 1983 to serve the citizens of San Joaquin County. Our Services are free of charge provided by San Joaquin County and the cities of Stockton, Tracy, Lodi, Manteca, Lathrop, Ripon and Escalon.

Hours of Operation: Monday through Friday 9:00 a.m. to 4:00 p.m. first come first serve.

San Joaquin County - Homeless Assistance Program

1810 E. Hazelton Ave.

Stockton, CA 95205

(209) 468-3124

Website: www.sigov.org



Description: The San Joaquin County Neighborhood Preservation Division administers several federal grant programs that provides direct assistance to homeless individuals and families. They include several Supportive Housing Programs (SHP) and a Shelter Plus Care (SPC) Program.

Hours of Operation: Monday through Friday 8:00 a.m. to 12:00 p.m. then 1:00 p.m. to 5:00 p.m.

Law Enforcement

San Joaquin County Juvenile Probation Services

575 West Mathews Road
French Camp, CA 95231
(209) 468-4000

Website: www.probation@sjgov.org

Description: Screening and legal processing of detained and non-detained delinquent offenders referred by law enforcement.

Options include:

- Detention or release
- Release on home supervision/electronic monitoring
- Close case
- Place on informal probation
- File affidavit for court action with District Attorney
- Refer to other agency

Hours of Operation: Call location for visiting hours and instructions

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Tracy Crime Stoppers

Mailing Address:
2455 #121
N. Naglee Rd.
Tracy, CA 95304
(209)831-4847 / 24 hrs. A Day 7 Days A Week



Website: www.tracycrimestoppers.com/tip

Description: Our mission, in partnership with citizens, media, and the criminal justice system, is to prevent and solve crimes within the Tracy region. Our main purpose is to provide cash rewards to citizens whose anonymous information leads to the arrest of criminals. California Assembly Bill No. 1250 protects Tracy Crime Stoppers from ever having to reveal the source of a tip. Your anonymity is guaranteed.

TEXT - WEB - CALL

Text: "TIPTPD plus your message" to 274637 (CRIMES) *

Text: "STOP" to 274637 to Cancel. *

Text: "HELP" to 274637 for help. *

message and data may apply



School Programs

Tracy Unified School District

Tracy Adult School
1895 W. Lowell Avenue
Tracy, CA 95376
(209) 830-3384



Description: The Tracy Adult School offers services to help students procure a high school diploma, GED testing and preparation, English as a Second Language classes and business classes.

Hours of Operation:

- Office Hours: Monday through Thursday 7:30 a.m. to 8:00 p.m.
- Friday 7:30 a.m. to 3:00 p.m.
- Classes are held Monday through Friday from 8:30 a.m. to 3:00 p.m.

Membership: Classes are open to any adult 18 years of age or older. High school students (11th & 12th graders) may enroll with permission of their day school counselor, their parent/guardian, the adult school teacher.

Fees: Vary

Social Services

Deuel Vocational Institution (DVI)

State of California Dept. of Corrections - Gathering Place

23500 South Kasson Road
Tracy, CA 95376
(209) 835-4141 ext. 5645



Website: www.cdcr.ca.gov

Description: Gathering Place is a non-profit agency that assists families and friends of incarcerated men at DVI. It serves the children and works to maintain family unification. Transportation to the prison is provided if needed. Emergency clothing, food and shelter, and children's programs are also offered. Child care for children ages 4 to 17 is available.

Hours of Operation: Thursday 8:00 a.m. to 12:00 p.m. for questions, Saturday and Sunday 8:00 a.m. to 4:00 p.m.

Recreation

Boys and Girls Club of Tracy *-continued*

Hours of Operation: Hours vary by season. Please call main office for current hours, schedule of events. Nominal annual fee: \$0-\$35.

Office Hours: Monday through Friday 9:00 a.m. to 5:00 p.m.

School Programs

Point Break Adolescent Resources Prevention/Early Intervention in Schools & Communities Anger Management/Substance Abuse Resources

1102 N. School Street
Stockton, CA 95205
(209) 466-0359



Website: www.pointbreaksjv.com

Description: A resource for parents, schools and community groups in San Joaquin County that help teenagers develop resiliency skills and overcome risky behavior.

Locations:

- Kimball High School
- Tracy High School
- West High School

Hours of Operation: Monday through Friday 9:00 a.m. to 5:00 p.m.

Restoration Center Prevention / Early Intervention

500 N. Corral Hollow Road
Tracy, CA 95376
(209) 627-0232

Website: www.camrestoration.org



Description: Restoration Center is a non-profit organization designed to provide intervention, prevention, and outreach services to at-risk students on school campuses.

Services: The youth we serve are grades K-12, the issues we address are disciplinary problems, truancy and delinquency, academic failure, and youth development assets like self-esteem.

Library Services

San Joaquin County Public Library Tracy

20 East Eaton Avenue
Tracy, CA 95376
(866) 805-READ (7323)
Web Site: www.ssjcpl.org



Description: The Tracy Library offers a circulating collection of library materials in English, Spanish, Hindi, and Punjabi. The library also offers computer workstations for general and internet use, printing and free Wi-Fi service. Newspapers are available for browsing and magazines available for checkout. The library also has a reference collection, self-service express checkout machines, a book magnifier, and a copy machine.

Tracy Hours of Operation:

- Monday and Thursday 10:00 a.m. to 8:00 p.m.
- Tuesday 10:00 a.m. to 7:00 p.m.
- Wednesday 1:00 p.m. to 6:00 p.m.
- Friday and Saturday 10:00 a.m. to 5:00 p.m.
- Sunday 12:00 p.m. to 5:00 p.m.

Membership: Resident of San Joaquin County

Parenting & Pregnancy

Planned Parenthood Tracy Health Center

1441 North Tracy Blvd.
Tracy, CA 95376
(209) 835-8910

Website: www.plannedparenthood.org



Description: Planned Parenthood provides family planning information, education and medical services including pregnancy testing, birth control exams, routine medical exams, diagnosis and treatment of sexually transmitted diseases, AIDS testing and counseling, breast and testicular exams and prenatal care. Educational presentations on decision-making and goal setting, anatomy, birth control, sexually transmitted diseases, healthy relationships, anger management and women's health are offered. Additional services include:

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Parenting & Pregnancy

Planned Parenthood *-continued* Tracy Health Center

- Male Involvement Program: Male-focused education and referral program.
- Family planning service provided out in the community at various locations such as St. Mary's Interfaith, women shelters, and migrant camps.
- Teen Success Support Group: A support group for pregnant and parenting teens.

Hours of Operation: Monday through Friday walk-in and appointments. Some clinics are open on Saturday.

Membership: Individuals with limited financial resources.

Fees: Low to no-cost.

Pregnancy Resource Center

1039 Central Avenue
Tracy, CA 95376
(209) 836-4415 - 24-hour help line



Description: The Pregnancy Resource Center of Tracy offers compassionate care, practical support and accurate information to women and men regarding pregnancy and sexual health is to equip individuals with the information necessary to make positive life-affirming choices for their lives. As a non-profit organization, your financial and volunteer support is vital. Please call today to find out how you can volunteer or financially support our work in the community.

Hours of Operation:

- Monday, Wednesday, Thursday 10:00 a.m. to 4:00 p.m.
- Tuesday 2:00 p.m. to 6:00 p.m.
- Closed Friday, Saturday and Sunday
- Call for an appointment. 24-hour help-line service available.

Fees: None

Parenting & Pregnancy

Tracy Unified School District Student Teens Educational Parenting Support (STEPS)

650 W. Tenth Street
Tracy, CA 95376
(209) 830-3286

S.T.E.P.S.



Description: You can participate in the Student Teen Educational and Parenting Support if:

- You are expecting a baby, mother-or-father-to-be
- You are a teen parent, mother or father
- You live or attend any school in the Tracy Unified School District
- You are 18 years of age or younger
- You have not graduated from high school

This is a program that offers child care and transportation to and from school for parents and their children utilizing child care services. In addition, parenting classes and counseling services are available in a comprehensive high school curriculum.

Hours of Operation: Monday through Friday 7:00 a.m. to 4:00 p.m.

Fees: All services are FREE to participants

Recreation

Boys and Girls Club of Tracy

753 West Lowell Avenue
Tracy, CA 95376
(209) 832-2582



BOYS & GIRLS CLUBS

Website: www.bgctracy.org

Description: The Boys and Girls Club provides social, recreational, and educational activities including sports programs and game room activities, handicrafts, fine arts projects, homework help and a library. It also provides counseling for youth employment and group self-help programs. Children ages 6-18

Locations:

- Central School Club, 164 W. Eaton, Tracy (209) 879-3396
- Lowell Club, 753 W. Lowell, Tracy (209) 832-2582
- North School Club, 2875 Holly Drive, Tracy (209) 834-7772
- South West Park 500 Mt. Diablo Road, Tracy (209) 207-4868
- Villalovoz 1550 Cypress Drive, Tracy (209) 830-3331

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