Reconnecting Youth & Families





City of Tracy
Mayor's Community Youth Support Network (MCYSN)
333 Civic Center Plaza, 2nd Floor
Tracy, CA 95376
(209) 831-6102 Fax: (209) 831-6120
www.thinkInsidethetriangle.com

Youth Services "Inside the Triangle!"



Give Every Child a Chance

Tutoring Programs

After School Advantage Program
One-on-One Tutoring
Homework Assistance
Computer Assisted Instructional
Tutoring Summer Drop-In Program
Technology Outreach Program
Employment Mentoring Program
Health Education

Administration & After School Programs

Office: 322 Sun West Place Manteca, CA 95337

Administration: (209) 823-6222 Programs: (209) 825-7003

www.gecac.net

These programs offer tutoring to students within the Tracy Unified School and Jefferson School Districts. Sessions are twice a week focusing on the academic curriculum that is offered by the school.

24-Hour Crisis Hotline





California Youth Crisis 1-800-843-5200 National Runaway Switchboard 1-800-786-2929 Rape Crisis Line (209) 465-4997

Child Abuse (209) 468-1333 Suicide Prevention 1-800-273-8255

Substances Addiction 1-888-623-4539

Domestic Violence (209) 465-4878 Human Trafficking (209) 948-1911 National Sexual Assault 1-800-656-HOPE (4673)

Pregancy ResourceCenter (209) 836-4415 Homeless Youth Services (209) 468-2385 Women's Center of SJC 1-800-769-4357



Sow A Seed Community Foundation

Programs: Call for schedule of classes

35 East 10th. Street, Suite D1 Tracy, CA 95377 (209) 229-4559 www.sowaseedcf.org

- Bright Futures Youth Mentoring ages 10-18.
 Fresh Start cognitive behavior change for youth.
- ► Boys to Men topics for young men 10+
- ► Girls Circle increase positive connections, personal growth & self-esteem.
- ► Boys Council an opportunity to address masculine definitions and behaviors.
- ► Family Mediation positive opportunities for conflict, prevention and resolutions.

Sow A Seed Community Foundation: provides youth, their families, and the community with education, tools and resources to overcome social and economic challenges, and lead positive, self-sufficient lives. Services include prevention and intervention assistance, leadership training, and community support.

ADDITIONAL SERVICE PROVIDERS



McHenry House Tracy Family Shelter (209) 835-2328

San Joaquin County Homeless Assistance Program (209) 468-3124

> National Alliance for Hispanic Family Health 1-866-783-2645

Tracy Family Practice (209) 820-1500

San Joaquin County Fair Housing (209) 451-3471

San Joaquin County Public Health-WIC (209) 831-5930 San Joaquin County Juvenile Probation (209) 468-4000

Planned Parenthood (209) 835-8910

Court Appointed Special Advocates (CASA) 1-800-214-CASA (2272)

Lolly Hansen Senior Center (209) 831-4230

SJC Child Support Services 1-866-901-3212 Deuel Vocational Institution (DVI) (209) 835-4141



Tracy Crime Stoppers

www.tracycrimestoppers.com/tip > TEXT - WEB - CALL

Mailing Address: 2455 #121 N. Naglee Rd. Tracy, CA 95304 (209) 831-4847 Our mission, in partnership with citizens, media, and the criminal justice system, is to prevent and solve crimes within the Tracy region. Our main purpose is to provide cash rewards to citizens whose anonymous information leads to the arrest of criminals. California Assembly Bill No.1250 protects Tracy Crime Stoppers from ever having to reveal the source of a tip. Your anonymity is guaranteed.

Text: "TIPTPD plus your message" to 274637 (CRIMES)

<u>Text</u>: "STOP" to 274637 to Cancel <u>Text</u>: "HELP" to 274637 for help

37 to Cancel
37 for help
*message and data may apply

*message and data may apply

San Joaquin County Behavioral Health Services



The Crisis Clinic 1212 N. California Street Stockton, CA 95202

12

24-Hour Response Crisis Line (209) 468-8686

www.sjgov.org/mhs

Walk-in Hours: Monday-Friday from 8:00 a.m. - 5:00 p.m.

The Crisis Clinic is staffed with Mental Health Clinicians, Registered Nurses and Psychiatrists. Persons do not have to be in a "crisis" or an urgent condition to request our services. A triage evaluation by mental health professionals determines the level or urgency or crisis and the appropriate course of intervention.

Hospitals providing medical care may call Crisis Services to request a crisis evaluation for any person at the hospital who has already been medically cleared (ready for discharge), and who may be a danger to self, others or gravely disabled due to a mental disorder.



Community Partnership for Families of San Joaquin

Community Partnership for Families of San Joaquin provides support to parents during life's stressful moments. Resilience is the ability to manage and bounce back from all types of challenges that emerge in every relationship including the relationships with their own families by helping them know how to seek help when necessary.

35 E. 10th. Street Suite A Tracy, CA 95376 (209) 444-4125 www.cpfsj.org

Staff and community partners work to assist families in achieving these outcomes:

- Children are nurtured and live in homes free from violence and neglect.
- · Children and their families are healthy and practice preventative care.
- · Families are economically self-sufficient.
- Families live in safe and secure communities in which local businesses invest and residents live and work without fear.

Point Break Adolescent Resources



1102 N. School St., Stockton, CA 95209 (209) 466-0359 Fax: (209) 466-0393 www.pointbreaksjv.com

<u>Hours of Operation</u>: Monday - Friday 9:00 a.m. to 5:00 p.m. A resource for parents, schools and community groups in San Joaquin County that helps teenagers develop resiliency skills and overcome risky behavior.

Adolescent Prevention & Intervention Services

► Anger Management

- ► Substance Abuse Services
- ► Gang Awareness & Early Intervention



Restoration Center Prevention / Early Intervention

500 N. Corral Hollow Road Tracy, CA 95376 (209) 627-0232 www.camrestoration.org

► Services:

The youth we serve are grades K-12, the issues we address are disciplinary problems, truancy and delinquency, acadenic failure, and youth development assets like self-esteem.

ON CAMPUS SUPPORT:

Provide daily low-level interventions to students on campus in the areas of decision making, disciplines & referrals, and conflict resolution. We utilize restorative practices and evidence-based curriculum Positive Actions.

TUTORING:

Provide in-class, one-on-one, group or after-school support to students requiring additional assistance in the areas of Math, Language Arts, and Science. Our focus is to help students meet grade-level standards and minimize the risk of retention.

Boys and Girls Club of Tracy



753 W. Lowell Ave. Tracy, CA 95376 (209) 832-2582 www.bgctracy.org

"The Boys and Girls Club of Tracy provide a safe, nurturing and fun environment with quality programs that enrich the lives of our youth for the betterment of our community."

BGC offers program activities in five areas: Character & Leadership Development, Education & Career Development, Health & Life Skills, The Arts and Sports, and Fitness Recreation.

Core programs engage young people in activites with adults, peers, and family members that enable them to reach their full potential.

Scholarships Available

➤ Serves ages 6 - 18 years

•••CAM.

Counseling and More

4600 S. Tracy Blvd Suite 106 Tracy, CA 95377 (209) 640-4179

www.counselingandmore.org

Hours of Operation:

Monday-Thursday 9:00 a.m. to 8:00 p.m. Friday 9:00 a.m. to 5:00p.m.

Saturday by appointment only.

Our mission is to provide the highest quality of therapeutic service to individuals and families. We will provide tools that will educate and empower them to lead healthy and productive lives in the community.

Services for Families:

- Individual counseling
- Family counseling
- · Couples counseling
- · Support groups for children and adults
- Supervision for court ordered family visitations
- · Family mediation