

# NOTICE OF REGULAR MEETING

Pursuant to Section 54954.2 of the Government Code of the State of California, a Regular meeting of the **PARKS AND COMMUNITY SERVICES COMMISSION** is hereby called for:

**Date/Time:** Thursday, January 7, 2016, 7:00 p.m.  
(or as soon thereafter as possible)

**Location:** City Hall Council Chambers  
333 Civic Center Plaza, Tracy

Government Code Section 54954.3 states that every public meeting shall provide an opportunity for the public to address the Commission on any item, before or during consideration of the item, however, no action shall be taken on any item not on the agenda.

## **MEETING AGENDA**

1. Call to Order
2. Roll Call
3. Items from the Audience – *In accordance with Procedures for Preparation, Posting and Distribution of Agendas and the Conduct of Public Meetings, adopted by Resolution 2015-052, any item not on the agenda brought up by the public at a meeting, shall be automatically referred to staff. If staff is not able to resolve the matter satisfactorily, the member of the public may request a Commission Member to sponsor the item for discussion at a future meeting.*
4. Approval of Minutes: Regular Meeting – December 3, 2015
5. Old Business
  - a. Parks and Community Services Commission Goals
    1. Update from sub-committees
6. New Business
  - a. Receive Presentation Update of Village Park Conceptual Plans, Ellis Development, Phase I
  - b. Establish Prioritized List of Recommended Projects for the City of Tracy Capital Improvement Program for the 2016/17 Fiscal Year
  - c. Appoint a Three Member Subcommittee to Evaluate and Rank CDBG and Home Funds Applications, and to Make Funding Allocation Recommendations for the 2016/17 Fiscal Year
  - d. Discuss Participation in a Joint Meeting with the San Joaquin County Parks and Recreation Commission to Discuss Issues of Mutual Interest and Benefit to Both Agencies
7. Items from Staff
  - a. Recreation Division Report
    1. Upcoming Events and Programs
    2. Update on Marketing Efforts
  - b. Public Works Parks Maintenance Division Report

- c. Community Facilities Report
    - 1. PCS Commission Appointments Timeline
  - d. Director Report
    - 1. Projects Update
8. Items from the Commission
9. Items from the Audience
10. Adjournment to next meeting in February 4, 2016

**POSTED: December 28, 2015**

The City of Tracy complies with the Americans with Disabilities Act and makes all reasonable accommodations for the disabled to participate in public meetings. Persons requiring assistance or auxiliary aids in order to participate should call City Hall at (209) 831-6000 at least 24 hours prior to the meeting.

Any materials distributed to the majority of the Parks and Community Services Commission regarding any item on this agenda will be made available for public inspection in the Parks and Community Services Department located at 333 Civic Center Plaza, Tracy, during normal business hours.

**PARKS & COMMUNITY SERVICES COMMISSION**  
**REGULAR MEETING MINUTES**  
**December 3, 2015**

1. **CALL TO ORDER:** Vice Chair Douglas called the meeting to order at 7:00 p.m.
2. **ROLL CALL:**
  - a. Present: Vice Chair Douglas; Commissioner Birk; Jimenez; Gouveia; Saltzman
  - b. Absent: Chair Johnson; Commissioner Jayne
  - c. Staff Present: Brian MacDonald, Management Analyst II; Larry Fisk, Acting Public Works Superintendent; Don Scholl, Interim Public Works Director; Ed Lovell, Management Analyst II; Jayne Pramod, Transportation Coordinator; Jolene Jauregui, Recreation Services Supervisor; Justin Geibig, Recreation Leader III
  - d. Recorded By: Stephanie Garcia, Executive Assistant
3. **ITEMS FROM THE AUDIENCE:** Joe Orcutt, Planning Commissioner, said that he was approached by a head soccer league coach as to why the City of Tracy doesn't have semi-permanent goals. He said they are goals that you can roll off the field and lock up at the Tracy Sports Complex. The goals and the nets run about \$1,500 and would like the City to purchase them. Mr. Orcutt is proposing that this item be placed as a CIP.
4. **APPROVAL OF MINUTES FROM THE REGULAR MEETING ON NOVEMBER 5, 2015:**
  - a. Motion: Commissioner Gouveia
  - b. Second: Commissioner Saltzman
  - c. Abstain: Vice Chair Douglas
  - d. Vote: Passed by unanimous vote
5. **OLD BUSINESS:**
  - a. **Parks and Community Services Commission Goals**
    - i. Update from Subcommittee
      - a. **Support Efficient Policies** – None at this time
      - b. **Community Involvement** – Jolene has been working with the subcommittee on increasing the visibility and presentation as it relates to the seniors. She is also prepping a staff report for the January 19<sup>th</sup> Council meeting and will provide an update on Senior Services.
      - c. **Park, Facility, and Sports Field Safety** – None at this time
6. **NEW BUSINESS:**
  - a. Presentation on Tracy Transit System/Tracer Services: Ed Lovell along with Jayne Pramod gave an overview on the Tracy Transit System/Tracer Services. During his overview, he covered Hours of Operation; Funding; Types of Services for Fixed Route Ridership and Fixed Route Paratransit (aka Dial-A-Ride); Areas of Service; Unmet Transit Needs; and Future Opportunities. He said that during Fiscal Year 14/15 there were 142,000 passenger trips on the Fixed Route System. He said that the Unmet Transit Needs requests is going on until the end of this month and that anyone can go onto the San Joaquin Council of Governments website to turn in requests for this year such as going to a destination that is not being served. Commissioner Jimenez asked if the request can be turned in as a petition and Ed said yes. She also asked if staff can reach out to the senior groups in the community and meet with them to let them know about the Unmet Transit Needs process before December 31. Ed said staff will look into it.
  - b. Receive, Discuss, and Accept the 2015-2016 Youth Advisory Commission Annual Report: Justin Geibig introduced Commissioner Garewal and Commissioner Taneja who presented the report. They gave the report on the purpose of the Commission and the Youth Advisory

Commission (YAC) Goals for 2015 which included: Integrate Opportunities for Health and Wellness; Increase Awareness for Higher Education Preparation; Participate and Create New Service Projects such as they sponsored a Don't Text & Drive Event at three local high schools: Millennium High School, April 24, 2015 (138 Pledges); West High School, April 29, 2015 (106 Pledges); Kimball High School, April 30, 2015 (121 Pledges). Park Clean Up Event, they partnered with Public Works for Arbor Day at Dronero Court and hosted a Park Clean-Up at the Dry Climate Park at Hoyt Park November 14, 2015; Integrate Opportunities for Health and Wellness such as Girl Talk!; Increase Awareness for Higher Education Preparation such as they hosted a PSAT Prep course on February 28, 2015. The Commission Goals for 2016 included: Create New Programs to Incorporate New Trends and Issues Facing Teens Today; Encourage Awareness for Healthier Opportunities; Participate with Local Organizations to Host Various Service Projects.

Commissioner Saltzman asked if they would consider a Boy Talk camp. This would give boys the opportunity to express themselves in a non-threatening manner. YAC said that this is something they could do by forming a subcommittee and adding it to the summer camp.

Commissioner Birk said that there is a non-profit organization in town called Brighter Christmas, for the last 37 years, which is in need of volunteers. He said that if the volunteers work with Brighter Christmas for two years then they can apply for a scholarship. It's called the Gene Birk scholarship and 19 scholarships were given out last year. Go to [www.tracybrighterchristmas.com](http://www.tracybrighterchristmas.com) for more details.

Don thanked YAC for their dedication, enthusiasm and their hard work with projects throughout the City now and in years past. He said that they build pride and ownership in the community and it's great to see.

Commissioner Gouveia made a motion to Accept the 2015-2016 Youth Advisory Commission Annual Report. Commissioner Birk seconded the motion and passed by unanimous vote.

- c. Review development of the City of Tracy Capital Improvement Program for Fiscal Year 2016-2017: Brian gave an overview on the CIP process. He said that the City is hosting an aquatics conceptual design public meeting on Wednesday, December 9, 2015, 6:30pm at the Transit Station, Room 105. Brian will email a reminder to the Commission. Brian asked the Commission to think about the projects they feel is necessary even the ones that may not be on the list for the upcoming meeting in January. Once the list is established at the January meeting, staff will recommend the CIPs to Council.

Commissioner Gouveia commended the City and the Public Works department for taking all the work they've done and took the Commissions voice to the Council. Brian said that it helps when the Commission attends the workshops and that it really says a lot.

Commissioner Jimenez asked if the Facility Reservation software should show completed on the list. Brian said that it won't be completed until the reservation software is integrated into the City's financial system. She also asked about the unfunded CIP list that shows the Bicycle Motocross Track, she recalls that the BMX group gave a presentation that may have proposed placing the track around Legacy Fields. Don said that the conceptual plan doesn't include this layout in the phases, as its planned now, but the remaining properties may have changes to the long term layout. Perhaps other properties in town may be more suitable. Don said that staff will research the BMX contact information and forward to Commissioner Jimenez.

Commissioner Gouveia said that he would like some information regarding the Library Expansion. Historically, there was some type of agreement between the City and county

pertaining to the Library and he wasn't sure if they ever worked it through, per say. He asked if it's been currently discussed or shelved. Don said that staff will look into the status and report back to the Commission.

Don named a few smaller projects that are important for this coming year such as Thoming Park which the basketball court is in terrible shape, and other playgrounds in the General Fund areas include Yasui Park, Larsen Park, Alden Park, and McDonald Park. There are others in the LMD areas which come from a separate funding source that staff will look to prioritize some of the playground renovations.

**Comments from the audience:** Randy Brown, 2570 Tolbert Drive, asked about the project for the Skate Park second location. Don said that this was a proposed project and hasn't been funded. Essentially it would be another skate park and if it moves forward it would have to go through the design process and involve the skating community. It wasn't funded this year but remains on the list for a potential project.

## 7. ITEMS FROM STAFF:

- a. Recreation Division Report: Jolene gave the following highlights:
  - The Athletics division: staff has partnered with a new contract for the Youth Hoops program and it's going very well with 198 participants and 25 teams. The first kick-off game is this Saturday and the games are held at Hawkins and Williams Middle School.
  - The senior division: the senior center took a trip to Apple Hill with 49 seniors in attendance. The trip was very successful and a fourth trip was added since the seniors have asked were asking in the past community conversations. During the summer, there were two busloads that took seniors on a trip to Ride-the-Duck with approximately 72 seniors. Staff is outreaching and engaging the seniors in the surveys of what types of trips they are interested in. A holiday boutique was held November 7, 2015, with 15 vendors and it was very successful. From the community conversations, a fall boutique has been incorporated and now there are two boutiques per year, a spring and a fall boutique. Additionally, the Lunch and a Movie event was held November 17 which ended the series of senior Tuesday. There were about 83 seniors in attendance. There is a four week break and staff is working with the Arts Ed staff to gear up for next season.
  - The Holiday Spectacular event was held yesterday with 150 seniors and 30 parents in addition.
  - On December 14, the Black & White Winter Ball will take place at the Senior Center and staff anticipates 80 seniors to attend. Target employees as well as the youth will help in serving the seniors.
  - The Senior Comments quarterly update is in the packet. Staff continues to receive senior comments from seniors and from visitors as well. Staff addresses the issues immediately and if they can't resolve the issue then they will pass it onto the department or agency that can help.
  - On January 19, staff will present to Council an annual report on senior services from the past 18 months on the community conversations and the outreach to the community. Staff encouraged the Parks Commission and the subcommittee's to attend this meeting.
- b. Public Works Parks Maintenance Division Report: Larry Fisk gave updates on the following:
  - The Tracy Ballpark demolition of the bleachers and the snack shack on the North Diamond.
  - Tracy Sports Complex crews started leveling and removing the lips between the infield and outfield at the Sports complex this week.
  - The Landscape Maintenance District irrigation crews are in the process of repairing some of the irrigation controllers due to the loss of communication.
  - XL Landscape is currently working in various locations on sound walls with trimming of vines and shrubs. The mow schedule is now every other week to help with the channel way landscape by utilizing the mow crew to perform this work.

- West Coast Arborist is currently performing grid pruning in LMD Districts along with responding to emergency tree problem service request.
- The City of Tracy hosted their first Annual Arbor Day event on November 14. Dronero Ct. received 14 Chinese Pastiche trees with the help of residents, Council members, the Tracy Tree Foundation, the Parks Commission, the Tracy Youth Advisory Commission and West Coast Arborist tree crew. Also present was a Master Gardener from the UC Davis Cooperative Extension and a CalFire Forester.
- c. Community Facilities Report – Brian gave the following report:
  - Cal North Soccer Association contacted staff and is interested in hosting a state cup at Plasencia Fields and the sports complex over several weekends during the spring/summer. The association is interested in Tracy because of the central location and our fields are in really good condition. Staff worked with local soccer clubs in rearranging their practice time on the fields. The soccer clubs know how big this event is and are okay with the rearrangements. Staff said this potentially could be a long term relationship with the association and could spill into the Legacy Fields.
  - The concessionaire contract expired on November 30<sup>th</sup> and staff will be going out for Request for Proposals for a new contract and there are interests from other folks.
  - The field allocations have been going well; the allocations for this year have been split with two 6 month allocations. One down side to allocating fields this year is that staff has seen a higher demand for football fields. Don and Brian will be meeting with facilities at the school district next week to try and find some extra practice fields for a short term solution. The only field the City has for football practice fields is at the Tracy Ball Park, however, Cindy Everhart and her staff has been open to working with the City.
- d. Director Report – Don gave the following updates:
  - The storm preparation Citywide is going very well and staff continues to work in the channelways including renting a long reach excavator to pull out 10 years of mud and debris in the outline areas.
  - Leaf pickup is starting next week.
  - The Tree City USA application is close to completion and once complete it will be signed by the Mayor and sent off before the end of the year and will receive our first Tree City USA flag in the first quarter of next year.
  - The Parks Director position has not been filled and the City will continue the search.
  - The Public Works Director interviews will take place sometime in December.

## 8. ITEMS FROM THE COMMISSION:

- Commissioner Jimenez said that she approached a group of young men that she observed skate boarding in the gazebo at Lincoln Park and asked why they weren't at the skate park. They said that it's unsafe with fighting going on and people selling drugs besides it being out of their area. Commissioner Jimenez asked staff if it was possible to have law enforcement drive by throughout the day. Don said that if we proceed down the road for a second skate park then a major component would have to be the site selection and design process. PD, the Parks staff and the skater community would have to give feedback in what's safe in a design. He will also touch base with our neighborhood resource officers.
- Commissioner Jimenez thanked Jolene on behalf of the Board of Directors for attending their Parks Foundation meeting on November 23, and giving a presentation on the 2016 Aquatics programming. The Foundation has a dedicated fund for the Joe Wilson Pool fund for swim lessons for the children who are less fortunate. Also the Foundation serviced all of the refreshments at the Block Parties and was very successful in earning over \$4,000. The Foundation is asking the Parks Commission what is it that they could do to help the City and the community with the funds they have. The next Foundation meeting will be held on January 25, 2016.

**9. ITEMS FROM THE AUDIENCE:**

- Jessie Mendez, 2430 W. Martin Road, has skated at El Pescadero Skate Park for four years and said that the skaters in the community have issues on the way the skate park was built and are starting to believe it can't change. He said that he has given up on the skate park and leaves Tracy because of the uneven feel and skates at other parks in other cities. He said that El Pescadero Skate Park has a lot of support from the community whether you are a good skater or not. There are people here that will push you and motivate you to do better. He said that the skating community tries to make the best out of this park due to it being poorly built such as the grinding bars, the uneven pavement and cracks, and such. The park has a bad reputation and is worse now due to a recent article in the paper. He said it's a danger zone and drug attics hang out there especially the homeless once they get their lunch from Interfaith, he understands that there's a high crime rate but maybe a security guard to patrol the park or install lighting to cut down on illegal activities in the evening could change the reputation. He said that he loves El Pescadero Park and the community that is attached to it and brought this forward hoping for a change.
- Conrad Levoit, 95 W. Eleventh St., he reiterated what was said at the Council meeting. If you are caught in the park after dark then it could turn into a misdemeanor and that he feels that the skate park should have lights since the tennis courts and some basketball courts have lights. He said that most kids that get out of school at 3:30 only have about an hour and a half before its dark and it could send them elsewhere. He said if a strategy was in place to keep the park lit then it would be safer.
- Joe Orcutt, 2097 DeBord Dr., said he's a professional skater and has had the opportunity to visit several skate parks in other cities that are all wood with foam pits. He said that if a second skate park was built that there would still be riffraff. The El Pescadero Skate Park is a high used facility and has heard that a community resource officer who makes his presence known is there as an authoritative figure in a helpful way to the kids.
- Robert Tanner, 1371 Rusher St., said that he wanted the Commission to know that this isn't the first time that this issue has come up. A relative of one of the Council members spoke at a Council meeting about the same issues. He said that it keeps coming up and something needs to be done about the cracks.

Commissioner Jimenez thanked the young men who showed up tonight and spoke on behalf of the skate park. She also said that perhaps the City would accept an offer from a non-profit if they would be willing to build a skate park. It might be of interest to the City to look outside to build another skate park.

Vice Chair Douglas asked staff if there was a maintenance schedule for the skate park and Don said yes there was and that staff does go out and make repairs but there are some wear and tear issues and that the park is very antiquated. Don asked staff to make this a regular maintenance check and will reemphasize with staff to keep on top of the maintenance to keep it safe.

**10. ADJOURNMENT:**

- a. Motion: Commissioner Birk
- b. Second: Commissioner Gouveia
- c. Vote:
- d. Time: 9:02 p.m.

**CITY OF TRACY**  
**PARKS AND COMMUNITY SERVICES COMMISSION MEETING**  
**January 7, 2016**

**AGENDA ITEM 6.b**

REQUEST

**ESTABLISH PRIORITIZED LIST OF RECOMMENDED PROJECTS FOR THE CITY OF TRACY CAPITAL IMPROVEMENT PROGRAM FOR THE 2016/17 FISCAL YEAR**

BACKGROUND

The City develops an annual Capital Improvement Program (CIP) to coincide with the development and approval of the annual budget each year. The CIP is a five-year document that is updated each year to reflect current projects, current priorities, and current funding. The projects in the CIP typically include project costs over \$100,000 (but may include projects of a lesser amount), have a life span of seven years or more, and result in the creation of a capital asset. The CIP also shows future plans to design and construct the city's infrastructure, whether by the City directly or as part of other development, such as future commercial or residential.

Only the projects that have been funded in a prior year, or are approved for funding in the current year, are worked on by staff in any given fiscal year. Projects that have future funding identified, but are not funded in the current year, are in a "holding pattern" until funding can be identified and linked to that project. If there are no designated funds for a particular CIP, then no work is done on that CIP.

Some CIPs are funded over several years, where the first year may be the planning and design phase and the second year may be construction. Some projects show annual funding to a multi-year program.

DISCUSSION

The following is the outline of the annual CIP process:

1. Update and prepare CIP submittals for the 2016/17 CIP Budget including:
  - a. Update scope, project description, timelines and projected costs of current approved and proposed CIPs.
    - i. Review previously submitted CIPs for future years and either 1) assess feasibility and need for moving project into upcoming year, 2) remove from CIP, or 3) change scope of project.
2. Solicit new CIP projects from staff and the Commission.
  - a. Write description of project
  - b. Identify funding source
  - c. Identify phasing if applicable over multi-years of appropriation (i.e., Year 1: Planning and Design; Year 2: Construction)
3. Finalize costs. Submit to Development and Engineering Services Department for review of costs, construction and soft costs.
4. Staff recommends CIPs to City Council

Each year, prior to beginning the CIP process for park-related projects, the Parks Commission is given an opportunity to provide input.



### **Next Steps**

After receiving input from the Commission, staff will update and prepare submittals to the 2016/17 CIP Budget and recommend CIPs to City Council. Staff will update the Commission on approved CIP projects for the 2016/17 fiscal year at a future meeting.

### **RECOMMENDATION**

The Commission shall establish their prioritized list of recommended projects for the fiscal year 2016/17 Capital Improvement Program.

Prepared by: Christine Mabry, Management Analyst I  
Brian MacDonald, Management Analyst II

Approved by: Don Scholl, Public Works Director

**CITY OF TRACY**  
**PARKS AND COMMUNITY SERVICES COMMISSION MEETING**  
**January 7, 2016**

**AGENDA ITEM 6.c**

REQUEST

**APPOINT A THREE MEMBER SUBCOMMITTEE TO EVALUATE AND RANK CDBG  
AND HOME FUNDS APPLICATIONS AND MAKE FUNDING ALLOCATION  
RECOMMENDATIONS FOR THE 2016/17 FISCAL YEAR**

BACKGROUND

Community Development Block Grant (CDBG) funds are allocated to cities and counties by the United States Department of Housing and Urban Development (HUD) for use in projects, programs, and services that demonstrate a benefit to low and moderate income persons by providing “decent housing, a suitable living environment, and for expanding economic opportunities.” Applicants must meet one of HUD’s National objectives and criteria for eligibility.

During FY 2008-2009, City Council directed staff to revise the CDBG process so that those eligible applications that best address the local needs of the Tracy community would receive priority for funding. On October 5, 2010, City Council approved the following local priorities: 1) economic development/job creation, 2) emergency food and shelter, 3) domestic violence services, and 4) senior/adult services. In order to encourage meaningful citizen involvement, public examination and appraisal of the process, as well as enhance program accountability, a subcommittee of the Parks and Community Services Commission was established to evaluate the CDBG applications and make funding allocation recommendations. The subcommittee is composed of three members of the Parks and Community Services Commission, selected each year by the Commission Chair.

DISCUSSION

The City estimates the annual CDBG allocation for Fiscal Year 2016-2017 to be \$433,624. Funding for public service activities is capped at 15% of the annual allocation, or approximately \$65,043 CDBG applications for FY 2016-17 were made available to the public on December 10, 2015. The deadline for application submittal is January 15, 2016. Staff will hold a public outreach meeting on January 7, 2016, prior to the Parks and Community Services Commission meeting, to answer questions regarding the application requirements and process.

The CDBG subcommittee will conduct a public meeting to review and rank the applications during the week of January 25, 2016. The subcommittee’s recommendations will be presented to the Parks and Community Services Commission on February 4, 2016. The Commission’s recommendations will go before City Council

during a public hearing in March 2016. A fully detailed schedule is attached as Attachment A (CDBG Schedule).

### RECOMMENDATION

That the Commission appoint a three-member subcommittee to evaluate and rank the CDBG and HOME funds applications and make funding allocation recommendations for the 2016-2017 Fiscal Year.

Prepared by: Christine Mabry, Management Analyst I

Reviewed by: Joshua Ewen, Management Analyst I

Approved by: Don Scholl, Public Works Director

### ATTACHMENTS

Attachment A – CDBG Schedule for FY 2016-2017 - DRAFT

## **CDBG Schedule for FY 2016-2017**

**\*\*DRAFT\*\***

### **Sample Timeline**

|                    |   |
|--------------------|---|
| December 10, 2015  | Start of application availability (NOFA)  |
| January 7, 2016    | Public meeting for informational purposes to help guide applicants through the process at 5:00PM                        |
| January 7, 2016    | PCS Commission agenda item to appoint a three-member subcommittee for evaluating and ranking the applications at 7:00PM |
| January 15, 2016   | Application submittal deadline at 4:00PM  |
| January 18, 2016   | Distribute copies of the applications to the subcommittee members   |
| January 20, 2016   | Send electronic copies of the applications to County for review and comment by 4:00PM                                   |
| January 22, 2016   | Technical Advisory Committee (TAC) meeting at the County to discuss proposed projects for FY2016-17 at 9:00AM           |
| January 25, 2016** | Subcommittee meeting to review the applications and make recommendations for funding allocations                        |
| February 4, 2016   | PCS Commission meeting to review the recommendations from the subcommittee and make recommendations to City Council     |
| March 15, 2016     | City Council meeting to approve CDBG/HOME funds allocations for FY 2016-17  |
| April 2016         | Public Hearing performed by San Joaquin County for 2016-2017 Allocations  |
| July 1, 2016       | Applicants commence services, subject to County approval  |

\*\* Subject to PCS Commission Sub-Committee availability

**CITY OF TRACY  
PARKS AND COMMUNITY SERVICES COMMISSION MEETING  
January 7, 2016**

**AGENDA ITEM 7.a**

**RECREATION DIVISION UPDATE**

**ATHLETICS**

***By Jolene Jauregui***

**Softball Leagues:** Registration for the Spring 2016 Adult Softball season is now open and accepting all applicants. The first pitch for the winter/spring season is scheduled on Monday, February 22 with the Monday night Coed division.

**Youth Hoops:** The 2015/16 Youth Hoops Basketball season began on December 5. The 3rd/4th grade boys and girls divisions play at Williams Middle School, while the 5th/6th grade boys and girls and 7th/8th coed division play at Hawkins School. The season will end on February 20, 2016.



**SENIORS**

***By Jolene Jauregui***

For the month of November there were approximately 2,975 repeat seniors that attended the Senior Center. Each week the Senior Center welcomes new participants into our programs. We had 19 new seniors visit and tour the center for the month of November.

In the month of November, the Senior Fitness programs had 922 repeat participants. A variety of fitness classes are offered Monday thru Friday. The new afternoon class, 30/30 has become popular with our seniors. Each class has very little to no impact on the body and is adaptable for every fitness level.

Throughout the month of November, the Senior Center served 306 hot lunches with an additional 5 seniors joining with their own lunches in the Multi-purpose room. In addition, Meals on Wheels delivered 820 meals to homebound seniors in Tracy. Meals are delivered every Tuesday for a 7 day supply.

Highlights for November:

- In partnership with Tracy Home for the Holidays and Tracy Sunrise Rotary, the annual Senior Thanksgiving Dinner was held on November 23. There were 419 reservations made, in addition to 119 home deliveries. Seniors enjoyed a full turkey dinner and enjoyed a visit from Mr. & Mrs. Clause.

Highlights for December:

- The Ukulele Group, the “Flaming Ukes” performed at City Hall on December 1 before the Tracy City Council meeting.
- The Holiday Spectacular was held on December 2. There were 130 seniors who enjoyed live performances of “A Peanuts Christmas” and “The Nutcracker” while indulging in sweet treats and sipping hot chocolate. The Senior Ukulele Group, “Flaming Ukes” and Senior Line Dancing group also gave brilliant performances that engaged the seniors to sing and dance along.
- In partnership with the CARR Foundation and Sutter Gould, the Senior Center held a seminar on December 8 for Diabetes Type 2. Through the seminar, 16 seniors and caregivers learned the symptoms of diabetes and how to manage their diagnosis with healthy eating.
- The Annual Black & White Ball was held on December 14. There were 115 seniors who enjoyed a “Winter Wonderland” themed event with a live band, “In the Mood” and a photo booth. Seniors were served a delicious dinner and a desert to enjoy.

Staff has been busy promoting upcoming events and new programs that the Senior Center will offer this Winter/Spring. Events include:

- HICAP: Health Insurance Counseling & Advocacy Program is part of Medicare’s national SHIP program. They are a non-profit organization dedicated to providing free & unbiased counseling to help seniors understand all their Medicare options.
- Feel Better with Food: Seniors who participate in the class will learn to make healthy choices, what foods to avoid and how food affects the body.
- Ballroom Dancing: Beginning in February, seniors will be able to take part in Ballroom Dancing classes at the Grand Theatre Center for the Arts. Seniors will learn different dance styles such as Rumba, Cha-Cha, Salsa and Bachata. Single or in pairs, seniors will enjoy learning these fun new dances.

1. “Flaming Ukes” performance at City Hall
2. Holiday Spectacular
3. Black and White Ball



**SPECIAL INTEREST**

*By Jolene Jauregui*

The Dog Obedience Basic and Advanced Skills Classes had 15 participants enrolled. Each course gives specific skills to teach pets fundamental commands necessary in building happy relationships. Action Gymnastics classes had 20 participants enrolled. Children build strength and confidence with the use of music and gymnastics.



**YOUTH DEVELOPMENT**

*By Jolene Jauregui*

The ASP (After School Program) is a program offered at Louis Bohn, Poet Christian and Wanda Hirsch Schools. Staff is continuing to provide healthy snack, homework help, recreation games, and arts and crafts at each site. For the month of December staff had students create holiday ornaments and various holiday themed crafts. Students also participated with dodgeball games in the gym.



**For the month of December:**

| Site           | Full Time | Daily | Hourly |
|----------------|-----------|-------|--------|
| Bohn           | 7         | 13    | 3      |
| Hirsch         | 18        | 9     | 8      |
| Poet-Christian | 11        | 7     | 4      |



**S.A.F.E. - STUDENTS ADDING FUN TO EDUCATION**

***By Jolene Jauregui***

SAFE is an after school program located at Williams Middle School. Staff provides many activities for the teens to participate in, such as homework help, arts & craft and recreational activities. SAFE has been very fortunate to have its own room to hold program in. In addition, staff utilizes the gym and outdoor areas to offer other recreation activities. Currently the SAFE program has 45 teens enrolled this school year. For the month of December, staff coordinated various holiday themed crafts to decorate the classroom and hosted chess tournaments.

