

little tick

BIG PROBLEM



Lyme Disease

10 Facts About Lyme Disease ... you can't afford to ignore

1 • You are 10 times more likely to contract Lyme Disease than West Nile.

2 • Lyme Disease has surpassed AIDS as the #1 infectious disease in the U.S. (many cases aren't even reported leading to inaccurate records of how wide spread it is)...

3 • The common MD is using an extremely inaccurate form of testing which is only 50% accurate.

4 • Lyme can be spread by any insect that feeds on blood (gestational / sexually also being proven in case studies)

5 • The average MD knows very little about this disease or long term dangers.

6 • If not treated properly it most often turns into a debilitating chronic condition.

7 • Lyme symptoms includes symptoms that often lead to years of misdiagnosis. (MS, Depression, ect)

8 • To find a Lyme Literate doctor, contact the Lyme Disease Association or ask someone currently being treated by one.

9 • Lyme Disease enters the central nervous system almost immediately and even if "cured" many endure relapses years later.

10 • Lyme Disease Kills.

More info: www.ilads.org

www.truthaboutlymedisease.com

www.thehumansideoflyme.com

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It's Lyme Time!

Protect Yourself Against Lyme Disease*
in Spring, Summer, and Fall

1 Walk in the middle of trails, away from tall grass and bushes.

2 Wear a long-sleeved shirt.

3 Wear white or light-colored clothing to make it easier to see ticks.

4 Wear a hat.

5 Spray tick repellent on clothes and shoes before entering woods.

6 Wear long pants tucked into high socks.

7 Wear shoes—no bare feet or sandals.



**Lyme disease, the most common tick-borne disorder in the U.S., can affect the skin, joints, nervous system, heart, and eyes.*